

3.3 MEAL INFORMATION

At Toyon Bay we pride ourselves on the quality of food we put out for our guests. We endeavor to fulfill dietary needs while providing a menu guests enjoy. Our meals are set up “buffet style” with a hot meal and a salad bar. Students will enter the dining hall and sit down at their designated tables and wait to be dismissed by CIMI staff. Anyone with special and/or specific dietary needs will have an opportunity to chat with a chef before every meal. Alternative food options will be available for these individuals when the main meal does not meet their needs. After each meal, an assigned clean-up crew from each school will stay behind to clean all tables and sweep the floor. Chaperones and students should be made aware of these responsibilities prior to arrival.

General Guidelines

- All students and adults will meet their Program Coordinator prior to meals for announcements.
- Students should enter the dining hall in an orderly fashion.
- To reduce food waste, encourage students to take only as much as they can eat. There will be opportunities for additional helpings.
- Each student will be responsible for bussing their own dishes and putting their chair away.
- For each meal, a group of students will be assigned to wipe down tables and sweep the floor.

EXAMPLE FOOD ITEMS

Breakfast:

Hot bar: pancakes, sausage, scrambled eggs, hash browns

Cold bar: cereal selection, yogurt, fresh fruit, bagels or English muffins, jam

Drinks: water, fruit juice, milk

Lunch:

Hot bar: pizza, hamburgers, corn dogs, chicken tenders

Salad bar: mixed greens, chopped veggies, cheese, croutons, canned fruit, salad dressings, potato salad, pasta, soup

Drinks: water, fruit juice

Dinner:

Hot bar: lasagna (meat & veggie), turkey dinner, chicken dinner, spaghetti, tacos

Salad bar: same as lunch with a vegetarian side dish

Dessert: brownies, cookies, cake, ice cream

Note: This is only an example. Food items are subject to change and dietary restrictions are accommodated at each meal. For any extreme food allergies or dietary restrictions, please communicate with our Program Office prior to your trip. Upon arrival, the Program Coordinator will clarify any special food needs or allergies. Food is of high quality and there is plenty of it. Please refrain from bringing extra food or snacks as these will attract insects and rodents in the dorms.